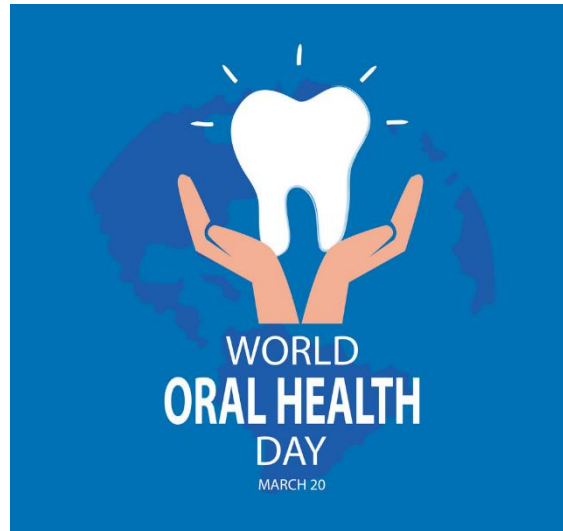


This month in practice we are focusing on a new campaign called World Oral Health Day. This year, we want to inspire change by focusing on the importance of oral health at every stage of life, because no matter what age you are, caring for your mouth and looking after your oral health is important.

The theme sends out a simple but powerful message: **Be Proud Of Your Mouth.** In other words, value and take care of it.



In practice we have multiple pieces of information which can be useful to everyone with leaflets available to take home and information boards.

Currently we have two information boards up, one being a 'fizz free' campaign and another being a 'help I need somebody' campaign.

Fizz Free

Fizz Free campaign offers multiple pieces of information needed to lead a more healthier life for everyone in your family, not just for your teeth but also your body. A key feature of the board features bags weighed out with the exact amount of sugar a list of different drinks have in them which can show how much sugar we are really consuming.

Help I need somebody

This campaign offers information on ways you are able to get help with different types of mental health, People may not know but the NHS can help massively with your mental health and it is easy to speak to someone. On the board we have provided a website which can direct you to the correct place to get the help that you need, you can also talk to any of our members of staff who are happy to direct you in the correct place.

This month we have a new member of staff on our team, we would all like to welcome Sommer to our practice! She is currently training for her dental nursing and is loving her role.



Important Information

Opening Times

Monday – 9.00 am - 1.00pm
2.00pm - 5.00pm

Tuesday – 9.00 am - 1.00pm
2.00pm - 5.00pm

Wednesday - 9.00 am -
1.00pm 2.00pm - 5.00pm

Thursday - 9.00 am -
12.30pm

1.30pm - 4.00pm

Friday – 8.00am – 12.30pm

1.30pm – 3.00pm

Contact Number :

01706 369 810

Email Address :

Info@heywooddental.co.uk

Dental out of hours service

If you have a dental emergency out of the opening hours of our dental practice please call 0333 332 3800 where they will further advise you.